

# Homemade Hand Sanitizer

## What You'll Need

- 3/4 cup of isopropyl or rubbing alcohol (99 percent)
- 1/4 cup of aloe vera gel (to help keep your hands smooth and to counteract the harshness of alcohol)
- 10 drops of essential oil, such as lavender oil, or you can use lemon juice instead

## Directions

- Pour all ingredients into a bowl, ideally one with a pouring spout like a glass measuring container. Mix with a spoon and then beat with a whisk to turn the sanitizer into a gel.
- Pour the ingredients into an empty bottle for easy use, and label it “hand sanitizer.”

## Recipe Tips

- Make the hand sanitizer in a clean space. Wipe down counter tops beforehand.
- Wash your hands thoroughly before making the hand sanitizer
- To mix, use a clean spoon and whisk. Wash these items thoroughly before using them
- Make sure the alcohol used for the hand sanitizer is not diluted
- Mix all the ingredients thoroughly until they are well blended
- Do not touch the mixture with your hands until it is ready for use

